



Rotary



Club of Fern Tree Gully

Chartered May 16th 1964

Weekly Bulletin

Vol 63 No 26

1st February 2024

President
2023 - 2024
Gary Braddock

District Governor
2023 - 2024
Ian Ballantyne
Bentleigh Moorabbin Central
Rotary Club

Meeting Details:
Weekly Thursday Evenings
6.00pm for 6.30pm

Venue:
Ferntree Gully Bowls Club Glenfern Rd
Ferntree Gully

Diary Dates

1st Feb Club Forum
8th Feb Club Meeting - Guest Speaker
9th Feb Bunnings BBQ
11th Feb Greek Picnic (Ferny Creek)
13th Feb Club Board Meeting
15th Feb Club Meeting - Guest Speaker
22nd Feb Club Meeting
29th Feb Club Meeting

www.ferntreegullyrotary.org.au



Presidents Message

Hello all

Hope that this finds you all in good health and enjoying life.

We wish you well with your recovery from shingles Fran. It was good to finally hear back from Ann Grant with regard to the Shelter bags.

I'm sure that Christine will arrange for them to be delivered to foothills community care as well as the salvation army.

As discussed at last meeting , can we all think about some worthwhile projects that we can fund from our recent fund raising efforts.

Happy birthday to Graeme A for Feb 1st

You share your birthday with the following people.

Clarke Gable - actor

Gordon Hobday – co inventor of Penicillin

Boris Yeltsin – Russian politician

Ray Sawyer – other half of rock band Dr Hook.

We have finally got our house to ourselves after hosting visitors from interstate for the last fortnight , so I might take advantage and close my lids for a while.

Yours in Rotary.

Gary



CREATE HOPE
in the WORLD

Club Board 2023 - 2024

President	Gary Braddock
Secretary	Graeme Harrison
Treasurer	Brian Mandergeddes
Community	Christine Anderson
Youth	Paul Wilson
International	Martin Howard
Fundraising	Graeme Aspnall

SERVICE ABOVE SELF

THE OBJECTS OF ROTARY

The Object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

First The development of acquaintance as an opportunity for service.

Second High ethical standards in business and professions, the recognition of the worthiness of all useful occupations, and the dignifying of each Rotarian's occupation as an opportunity to serve society.

Third The application of the ideal of service in each Rotarian's personal, business, and community life.

Fourth The advancement of the international understanding goodwill, through a world fellowship of business and professional persons united in the ideal of service.

THE FOUR WAY TEST

Of the things we think, say or do

1. Is it the **truth**?

2. Is it **fair** to all concerned?

3. Will it build **goodwill** and **better friendships**?

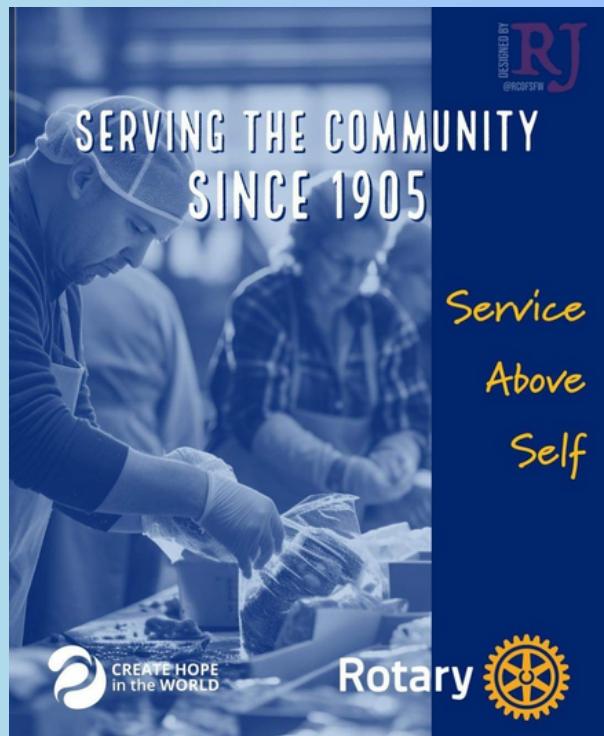
4. Will it be **beneficial** to all concerned?



Our next Bunnings Sausage sizzle will be on Friday February 9th. Four volunteers are sought for each of two shifts. 9.00 - 12.30pm or 12.30 - 4.00 pm



The Greek Picnic will be held at the Ferny Creek Picnic Reserve on Sunday February 11th. Our role is to cook free sausages between 11.00 am and 2.00pm. Set up will be 10.30am



The Week That Was

The meeting opened at 6.34pm

Apologies were received from M Spark, F and B Mandergeddes and G Harrison.

President Gary introduced the speaker, Kathy Lengley who explained that she did not represent any medical body but would speak about her journey in investigating knowledge of Huntingtons Disease, which she said was not well known in the community or easily recognised by the medical fraternity. Kathy explained that it is a rare genetic neurological disease passed generally within a family. from generation to generation. There is a 50 per cent chance of a person inheriting the gene and developing the disease. Kathy said that she had lost her father and three siblings to the disease. They had suffered organ failure and her family members had not necessarily had the same symptoms but had experienced psychiatric problems, nerve spasms which had got worse, fatigue and swallowing problems. Kathy said that there was enormous mental strain put on the families and many members do not wish to get tested to ascertain if they have inherited the gene. In her own case ,Kathy said that her test indicated that she did not carry the gene. but her siblings had gone from working in managerial positions to a pension and in her fathers case a personality change. She said that her own children were safe.

Kathy showed photos of her family and answered many questions about the disease and related that a genetic psychologist had been involved in her testing as well as the Murdoch Institute

Martin thanked Kathy for her address and expressed what was clearly the view of the meeting, that we had known little of the subject but had very much appreciated being informed.

Paul Wilson reported that RYLA applications will be finalised at club level in April for the July camp.

Martin Howard explained the situation re progress in relation to the Kenya Water Project and Wheelchairs for Kids which the club had contributed to. In both cases he said they were progressing satisfactorily.

There was some discussion concerning the date of the next social night and 29 February was settled on with the following one set for 21 March

Rosie said that she would like to hast a night at her church to show club members the new pantry innovation operating from the church. She said that Fran Mandergeddes is the new coordinator. Rosie also advised the meeting that there had been a break-in at the church and its trailer and tools had been stolen (they were insured but the trailer is needed for constant use)

The meeting closed at 7.31pm.

John Flemming

Club Speaker Program

Date	Speaker	Topic	Vote of Thanks	Scribe
1st Feb		Club Forum		
Feb 8th	Fiona Demark	Navigating Life being Legally Blind	JF	BM
Feb 15th	Trudi Pratt	Knox SES	BM	GA

Members are asked identify potential guest speakers and pass on their contact details to Rob Hurst to follow up.

Artical from the Wantirna South Probus Club

Heading towards 2024

I didn't write this - but WOW does it speak to my heart!!! It's worth the read. Barely the day started and ... it's already six in the evening. Barely arrived on Monday and it's already Friday. ... and the month is already over. ... and the year is almost over. ... and already 40, 50 or 60 years of our lives have passed. ... and we realize that we lost our parents, friends. and we realize it's too late to go back... So ... Let's try, despite everything, to enjoy the remaining time ... Let's keep looking for activities that we like ... Let's put some color in our grey ... Let's smile at the little things in life that put balm in our hearts. And despite everything, we must continue to enjoy with serenity this time we have left. Let's try to eliminate the afters ... I'm doing it after ... I'll say after ... I'll think about it after ... We leave everything for later like "after" is ours. Because what we don't understand is that: Afterwards, the coffee gets cold ... afterwards, priorities change ... Afterwards, the charm is broken ... afterwards, health passes ... Afterwards, the kids grow up ... Afterwards parents get old ... Afterwards, promises are forgotten ... afterwards, the day becomes the night ... afterwards life ends ... And then it's often too late ... So ... Let's leave nothing for later ... Because in waiting for later, we can lose the best moments, the best experiences, best friends, the best family ... The day is today ... The moment is now ... We are no longer at the age where we can afford to postpone what needs to be done right away. So let's see if you have time to read this message and then share it. Or maybe you'll leave it for "later".