

Rotary Club of Fern Tree Gully Inc.

Vol 59 No 14

INCORPORATED REG. NO. A0023463V
DISTRICT 9810 VICTORIA AUSTRALIA
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29th October 2020

WEEKLY BULLETIN

Date & Time:	Thursday 29th October [Kick off at 7.00]	Thursday 5th November [Kick off at 6.30]	Thursday 12th November [Kick off at 6.30]	Thursday 19th November [Kick off at 6.30]
Venue:				
Program:	EAST GIPPSLAND ROTARY FIRE AID	CLUB ASSEMBLY & Melbourne Cup Oaks Day	Australians for Women's Health followed by A GM	Living with Chronic Kidney Disease
Speaker:	Peter Sindrey	N/A	Dr Ray Hodgson	Gary Braddock
Partners' Night	Yes	Yes	Yes	Yes

CLUB NOTICE

The Rotary Club of Fern Tree Gully
will conduct its Annual General Meeting on
Thursday 12th November, 2020
7.00 p.m.
To be held on ZOOM
All members are requested to attend



Birthdays:	None
Anniversaries:	None
Induction to RC of Fern Tree Gully	None

FROM THE PRESIDENT



2019-2020 ROTARY CITATION
PLATINUM



Awarded to the Rotary Club of

Fern Tree Gully

for helping Rotary connect the world.

Mark Donald McLean
Mark Donald McLean
President, Rotary International



NOVEMBER IS FOUNDATION MONTH

The following article is from the Rotary Foundation Website.

More than a century ago, Rotary pioneered a new model of service leadership grounded in person-to-person connections. Today, those connections are a network that spans the globe — bridging cultural, linguistic, generational, and geographic barriers — and that shares the vision of a better world.

As people of action, we understand that fulfilling that vision requires a plan. Rotary has adopted a new Action Plan for the next five years: to increase our impact, expand our reach, enhance participant engagement, and increase our ability to adapt. Our plan will provide us with a continuity of vision from year to year, keeping us moving toward our shared purpose.

The Rotary Foundation plays a critical role in fulfilling this purpose. In 2018-19, the Foundation raised over \$395 million, surpassing our \$380 million goal. We made great progress toward building our Foundation's Endowment to \$2.025 billion by 2025.

Rotary leadership creates opportunity — and this year, we saw amazing examples of that leadership across generations of Rotarians. Whether participating in Rotary Youth Exchange, Interact, Rotaract, or Rotary clubs, Rotarians are transforming lives and making a lasting impact. Your continued commitment proves that Rotary is an inspiration to the world.

Since Rotary was founded in 1905, the world's demographics have shifted, the pace of change has accelerated, and technology has created new opportunities for connection and service. What haven't changed are the values that define Rotary: fellowship, integrity, diversity, service, and leadership. By honouring our past and embracing our future, we can continue to evolve to address today's needs.

In June 2018, the Board of Directors and Rotary Foundation Trustees approved four new strategic priorities and objectives that will be the foundation of our next strategic plan. This plan — our Action Plan — sets the framework for our future so we can continue to thrive as a respected, dynamic organization that advances communities worldwide.

Over the next five years, our priorities are to increase our impact, expand our reach, enhance participant engagement, and increase our ability to adapt.

President 2020/2021



THE WEEK THAT WAS

Thursday 21st October, 2020

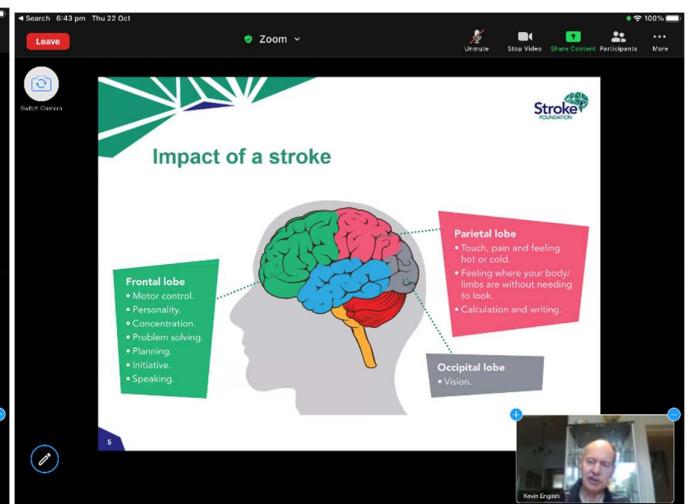
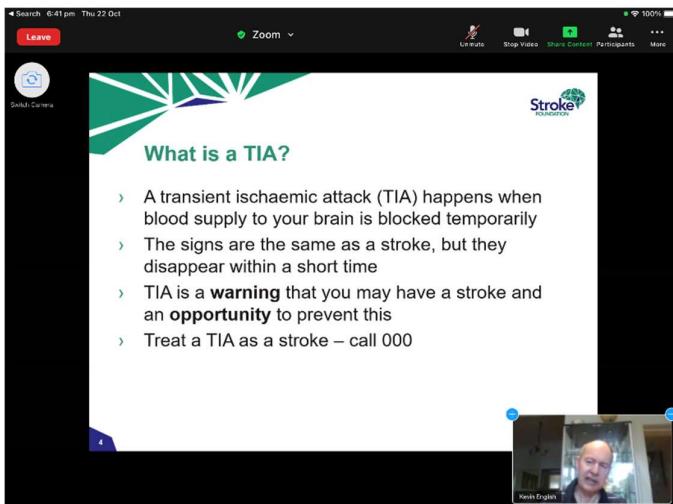
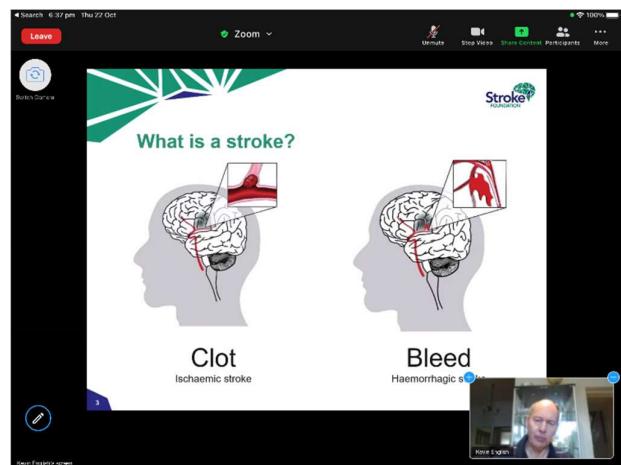
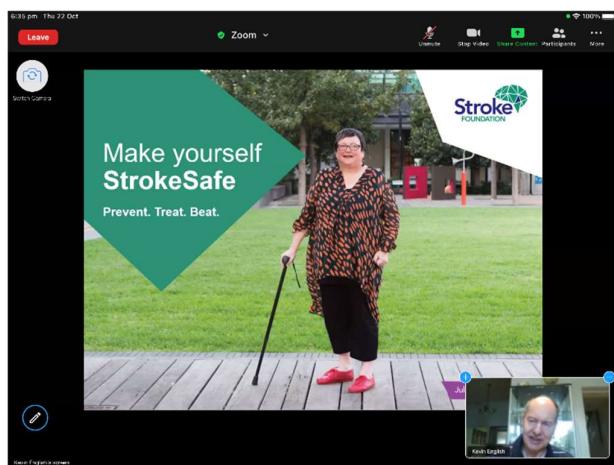
Guest Speaker Kevin English from StrokeSafe

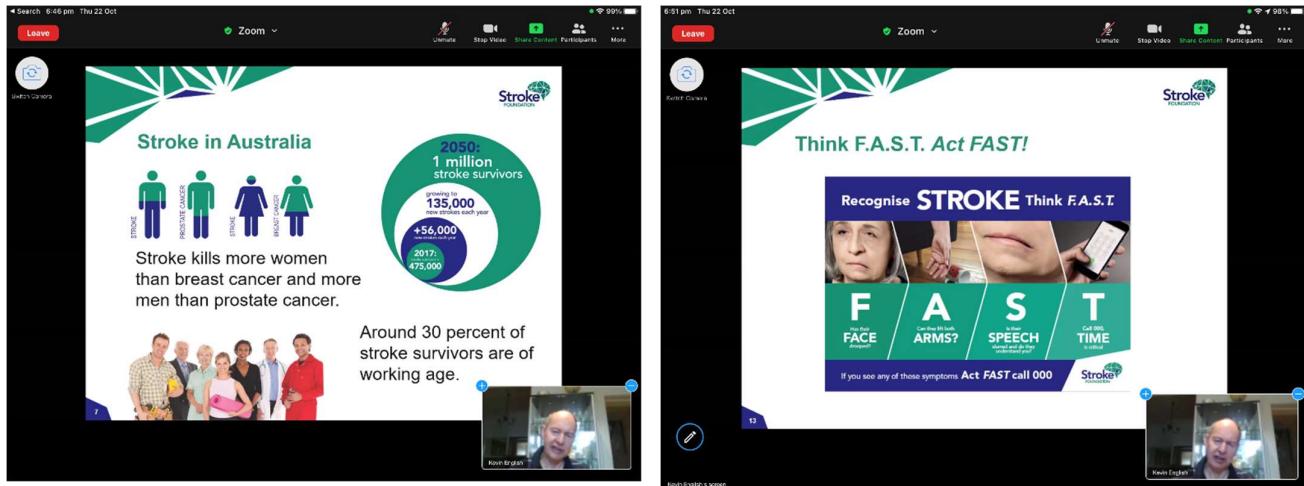
Kevin is a member of the Stroke Foundation having experienced one himself while working in Singapore, in the time since he has become an advocate and a public speaker on the prevention of strokes.

When he incurred his stroke, he was almost completely paralysed, unable to walk, talk or move his arms, for his recovery he had only three desires, to be able to walk again drive a car and be able to walk upstairs in his home. He has achieved all 3 but not without difficulty. Although he still has no feeling in his left arm.

Some of the effects of having a stroke can be a personality change and an impact on speech, there are over 100,000 strokes in Australia every year, it is anticipated that over time there will be a million Australians having one every year.

Melbourne has two ambulances dedicated to victims of stroke and apparently is the only city in Australia that has ambulances fitted solely for this purpose. Another method of detecting likely stroke victims being investigated is putting scanners in helicopters. Ethnic background can also decide on who might suffer from stroke.





This week we delivered Easy Chocolate Slice

Foothills Slice Roster						
Delivery: Wednesdays 2.30 to 3.00pm Ferntree Gully Girl Guide Hall, Lot 65 Underwood Rd FTG.						
Date	21/10/2020	28/10/2020	4/11/2020	11/11/2020	18/11/2020	25/11/2020
Slice	Chocolate Brownies	Easy Chocolate Slice	Marbled Chocolate Cheesecake Slice	Hedgehog	Fruit Slice	Mum's Raspberry Shortcake Slice

Recipe for next week:

MARBLED CHOCOLATE CHEESECAKE SLICE

INGREDIENTS

200 grams butter

¼ cup cocoa

1 cup sugar

2 eggs

1 cup plain flour

250 grams cream cheese

1/3 cup sugar, extra

1 tsp vanilla

1 egg, extra

Melt butter with cocoa in saucepan. Remove from heat, add sugar, whisk in eggs.

Stir in sifted flour, beat until smooth.

Pour mixture into greased paper lined tin (16cm x 26cm approx)

Beat cheese, extra sugar and vanilla together. add extra egg.

Spoon mixture over chocolate mixture and swirl through with knife for marbled effect.

Bake in moderate over 40 minutes.

Cool in tin, cut when cold and refrigerate.

DATES TO DIARISE

Date	Event
29-Oct	East Gippsland Rotary Fire Aid - Peter Sindrey
5-Nov	CLUB ASSEMBLY – Oaks Day
12-Nov	CLUB AGM + Australians for Women's Health
19-Nov	Living with CKD – Gary Braddock