


Rotary Club of Fern Tree Gully Inc.

INCORPORATED REG. NO. A0023463V
DISTRICT 9810 - VICTORIA AUSTRALIA
CHARTERED: 16 May 1963
Postal Address: P. O. Box 164 FERN TREE
GULLY, VIC 3156
Website: www.ferntreegullyrotary.org.au
Facebook: [/www.facebook.com/ferntreegullyrotary1](https://www.facebook.com/ferntreegullyrotary1)

Vol 56 No 43

13th June 2019

WEEKLY BULLETIN

Date & Time:	Thursday 13th June [6.00 for 6.30]	Thursday 20th June [6.00 for 6.30]	Thursday 27th June [6.00 for 6.30]	Thursday 4th July [6.00 for 6.30]	Sunday 14 th July 12 Noon for 12.30
Venue:	FTG Bowling Club	FTG Bowling Club	FTG Bowling Club	FTG Bowling Club	FERNY CREEK KITCHEN
Program:	Ray White Community Projects	TeamMed Nepal	COMMITTEE MEETINGS	INTERCHANGE OUTER EAST	<p>THE PRESIDENTIAL CHANGEOVER</p> 
Speaker:	Aaron Clarke	Nasil Punchihewa	GROUP A	Samantha Hughes	
Chair:	John Flemming	Allan Tierney	N/A	TBA	
Rotary Toast	Paul McAloney	John Flemming	Allan Tierney	TBA	
Cashier:	Rob Hurst	Rob Hurst	Rob Hurst	TBA	
Scribe:	Graeme Aspinall	Paul Wilson	N/A	TBA	
Sergeant-At-Arms:	Rob Hurst	Rob Hurst	Rob Hurst	TBA	
Partners' Night	Yes	Welcome	Welcome	Welcome	Yes

❖ *Have you confirmed you attendance and made payment yet for Changeover?*

Birthdays:	None
Anniversaries:	None
Induction to RC of Fern Tree Gully	None



CHRISTINE'S CHATTERBOX

Hello everyone,

Occasionally we have a guest speaker that gives us all a good jolt to remind us how sometimes we take our health for granted.



Roger Mendes who is a stroke victim survivor after having a major stroke at the age of 50, and although having physical movement difficulties, he is a great ambassador for the stroke foundation advocating to others the danger signals which many would not recognise as the potential onset of a stroke.

By now all members have seen this edition of the Fern Tree Gully News front page picture and article showing our Interact students taking part in the Model United National Assembly (MUNA). Well done to all.

Ten members and partners thoroughly enjoyed the evening at the 1812 theatre, being entertained watching "The Mousetrap" a murder mystery written by Agatha Christie, excellent acting by the eight cast members.

Our Guest speaker this coming Thursday is Arron Clarke from FTG Ray White. Arron will be talking on the many and varied community projects that they are involved in our local community. This will be an exciting evening it is also a partner's night, so look forward to seeing all our members and partners.

Have a great week

Christine Anderson
President



"That Was The Week That Was"

Thursday, 6th June 2019

The meeting opened at 6.30 PM with President Christine welcoming all present and partners Jill, Marg and particularly guest speaker Roger Mendes and his carer.

President Christine

- Drew attention to the Ferntree Gully News front page photo of the MUNA meeting and the article provided to the paper by Paul Wilson –the best publicity for the club for ages.
- Mentioned that it was this date in 1963 when our charter members Ken Thomson and Ken Miller were inducted.
- Advised that the board meeting had been deferred until our overseas travellers returned.

Chairman PP Paul McAloney called on Reports:

Secretary: (PP Graeme Aspinall): reported that the Bunnings sausage sizzle was due on 14 June and that he, John Flemming and Paul Wilson would conduct the sizzle. Rob Hurst indicated that his scheduled eye operation had been altered and that it was likely that he also would be available.

Graeme reported that he had received a letter from Wheelchairs For Kids seeking the club to try to get schools to hold fundraising events.

Apologies Received from: Gary Braddock, Graham Faulkner, Mike Spark, Fran Mandergheddes.

Community: **John Flemming** reported that there had been eight bowel scan kits sold during the week but that for the first time the Stud Park pharmacy had sold none.

Youth: **Paul Wilson** reported that our RYLA candidate had withdrawn and asked members to see if they could find a suitable nominee. He also reported that one of last year's RYPEN team had been given a leaders role this year.

PE Alan Tierney said that members should pay the club for changeover attendance and that he was trying to increase numbers for the day.

President Christine reported that she had sent an apology to Steve Barrington as the club could not attend the dinner he is holding for those who had assisted the Foothills Church dinners. She also reported that she and Paul McAloney had met with Larsen and his wife re membership and possible assistance for their wish to arrange a Zambia project. Enquiries are continuing.

Paul McAloney reported on the Wheelchairs For Kids request on an approach from Operation Cleft (the club is its third largest donor), that Peter Malden's project has been approved and that we must now pay the promised support. He also reported on John Glenn's funeral.

Sergeant-At-Arms: (Rob H) ripped our dollars off us but the jokes don't get better! **Skill:** Won by Graeme Aspinall drew the joker and thus gets the pot!

Speaker: Roger Mendes – Strokesafe Foundation

Roger explained that he was a stroke survivor of ten years and that he was paralysed on his right side. He said that basically there were two types of stroke caused by a clot or a bleed from a broken blood vessel. In addition to major strokes, he said, there are TIAs which are minor short term strokes but which bear the same symptoms as a major stroke. The impact from a stroke, he said, vary according to the severity of the stroke and can include loss of speech, loss of physical capability and cognitive damage. One person in six he said will have a stroke and more persons die of stroke than of breast

and prostate cancer. Risk is likely due to family history, blood pressure, diet, salt intake, smoking and insufficient physical activity.

He spoke of the FAST (**F**ace/**A**rms/**S**peech/**T**ime) test for recognising stroke, of the resources of the Stroke Foundation, which he represents and of his own recovery effort. In addition he indicated that 75% of the Foundations' funds came from donations. Following his address Roger took a number of questions.

Meeting closed at 7.30 pm and adjourned to the dining room for a meal and fellowship.

Scribe: John Flemming

IMPORTANT DATES TO DIARISE

2019	Program.	Speaker
13-June	Ray White Community Projects	Aaron Clarke
14-June	Bunnings Sausage Sizzle	
20-June	TeamMed Nepal	Nasil Punchihewa
27-June	Committee Meetings	GROUP A
29-June	District Changeover	
4- July	Interchange Outer East	Samantha Hughes
Sunday 14-July	Changeover Lunch – The Ferny Creek Kitchen	

	Fundraising Event
	District Event
	Fellowship Event
	Community Event

Our intrepid travellers in Looe, Cornwall - flying the Rotary Banner

